



## **Every Move Counts**

In an exciting new commission in collaboration with the Essex Education Taskforce and Adult Social Care, DNA has been asked to create a new intergenerational dance project for the Essex Year of Numbers. Essex Year of Numbers is a countywide campaign that aims to inspire a love of learning, with a focus on numeracy. Read more at [www.essex.gov.uk](http://www.essex.gov.uk)

### *Project Summary*

2 x 12 week long intergenerational programmes based in Tendring that culminate in a celebratory event; working with older adults specifically living with dementia and young people in primary school settings from KS1.

The programme focuses on combining mathematical language with creative dance and movement.

### *The project aims are to:*

- Bring together care homes & schools for a shared endeavour; reducing ageism and exposure to people with lived conditions
- Celebrate mathematics through movement using creative teaching styles and strategies
- Build and develop skills for the participants and staff in creative movement and mathematical language
- Support and develop cognitive function of both older adults and young people
- Provide a creative approach to teaching maths for young people that are more reluctant to engage in more traditional approaches
- Provide a fun and creative approach to physical activity for those that are less active or shy away from physical activity

- Support schools to attain the key elements for maths outlined in the National Curriculum for KS1
- Provide professional development for primary school teachers to be able to deliver maths through dance

*We will achieve this by:*

- Arranging a Dementia friends session for each school
- Ensuring that the work is dementia friendly, by working partners to hear their feedback, and reflecting and developing our content throughout the delivery of the project
- Teaching maths kinaesthetically to encourage a love of learning and numeracy
- Including terminology and creative dance choreography to increase mathematical language inc. fractions – whole/half/quarter beats; body angles, feet parallel, diagonals, different counts, distance, number, patterns, space (multiple patterns and concepts in choreography).
- Slowing down symptoms, (case studies) specifically for people living with Dementia
- Providing lesson plans around mathematical dance for primary school teachers
- Arranging an end of project sharing to celebrate ways in which mathematics can be taught where everyone counts

In the delivery of this work we are searching for **up to 4 x Support Dance Artists to work with both Adults and Young People individually and in an intergenerational setting.**

You will support a Lead Dance Artist either delivering to older adults specifically living with dementia or to young people in school. You will also support the programme as the two groups come together intergenerationally after the initial 6 weeks for a further 6 week intergenerational programme. There are 2 projects running at the same time. We are hoping these groups will be based one in Clacton and one in Harwich - yet to be fully confirmed.

## **Support Artist responsibilities**

- To support the Lead Artist to deliver a fun and energetic 1-hour dance session and 30 minutes social. Including an additional 30 minutes to set up and clear down.
- Please support participants who require differentiation due to varying symptoms, support to adapt for their level of ability and mobility.
- To support the Lead Artist to complete risk assessments prior to the classes starting and report on any safety issues to the Programme Manager immediately. Make decisions on how best to deliver to keep participants safe if there are risks to be considered.
- To use your time, skills and knowledge to best effect – including greeting participants, managing donations/fees & registration, setting up and clear down, arranging and making refreshments and tidying up post social, supporting in class session and engaging during social time, supporting to engage members in conversation. Encourage peer conversations.
- Support to manage registers, participant evaluation forms, travel arrangements and any other documents and feedback via online and/or paper copy. Gain information from the Lead Artist about the best way to manage admin in class.
- Keep a record, short reflection/overview of the class and your contributions for our funding report, our programme manager may send you a separate google form to fill out each week or at the end of the project dates. (TBD)
- Engage in informal and constructive mentoring of Lead Artist to improve your practice and to better support the class.
- To take guidance and instruction from the Lead Artist as necessary.
- Report all accidents and safeguarding issues and other issues to as soon as possible, via the correct channels as detailed in DNA policies.
- To ensure participants safety during and after classes including contacting next of kin or health services if and where required.
- Be passionate and an advocate of the work.
- To work professionally (as requested) with other partners and organisations when appropriate.
- In line with DNA's GDPR and Data Protection policy, be a support for the securing of any sensitive or confidential material - Lead Artist is responsible for this.
- You may be asked to collect refreshments on route to the class for the class, expenses will be given back to you when receipts are provided.

**Before applying we are looking for the following key skills:**

Essential

- Hold a degree or equivalent in dance
- Able to use initiative and problem solve
- Have an interest in working with older adults and/or schools
- Strong communication skills
- Have own personal Public Liability Insurance
- Able to drive and have access to personal mode of transport (project in rural areas)
- Confident

Desirable

- Has dementia training
- Hold an Enhanced DBS check within the last two years or are on the update system
- First aid trained

*Total Fee inclusive of expenses and planning*

Half day £400.00 or Full day £800.00 for the total project

(depending on number of groups worked with)

If you are interested in this role, please email

[info@dancenetworkassociation.org.uk](mailto:info@dancenetworkassociation.org.uk) to arrange a brief informal chat (All informal chats need to be had before the application deadline: 17:00 on Friday 27 October 2023).

After this discussion, you may be invited to send us the following:

- CV
- Cover letter that inform us of your experience and interest on why you are applying for this role

**Before applying it is essential for all applicants to be available on the following dates:**

- Initial project meeting Zoom: Morning Friday 17 November 2023

- Meeting on Zoom: Morning Friday 08 December 2023
- Project dates  
Part 1: 12|19|26 January and 02|09|16 February 2024  
HALF TERM  
Part 2: 01|08|15|22 March and 19|26 April 2024
- Evaluation/feedback session (end of project, date TBC)

### **TO APPLY:**

If you are interested in this role, please email [info@dancenetworkassociation.org.uk](mailto:info@dancenetworkassociation.org.uk) to arrange a brief conversation about your experience and why you would like to apply for this role before **17:00 Friday 20 October**.

This conversation will be booked at a suitable time with you and Karen Pratt from our management team and last no longer than 60 minutes (All conversations need to take place before the deadline: 17:00 on Friday 20 October)

After this discussion, Karen will make a decision on whether to invite you to the next stage which will include sending us a more formal cover letter and CV to be discussed by our panel. The closing date for these documents will be 17:00 Friday 27 October 2023.

### **DECISION FOR ALL APPLICATIONS**

All applications will be reviewed by a panel that will include:

CEO and Founder: Gemma Wright

Dancing For Joy Manager: Karen Pratt

Education Manager: Steph Townsend

### **Who are DNA?**

Dance Network Association is a registered charity that enables people to live more connected, joyful, and aspirational lives through dance. DNA has been the leading 'Dance for Health' organisation in Essex since 2015.

Dancing with DNA provides opportunities for people to improve their confidence and physical wellbeing nurtures creativity and independent thinking and enhances friendships through social interaction. We facilitate the gap between arts and health by providing holistic, person-centred dance programmes.

DNA is an inclusive, female-led organisation drawing on personal experiences to support people to live well through dancing.



# Essex Year of

